



Courses Available 2017

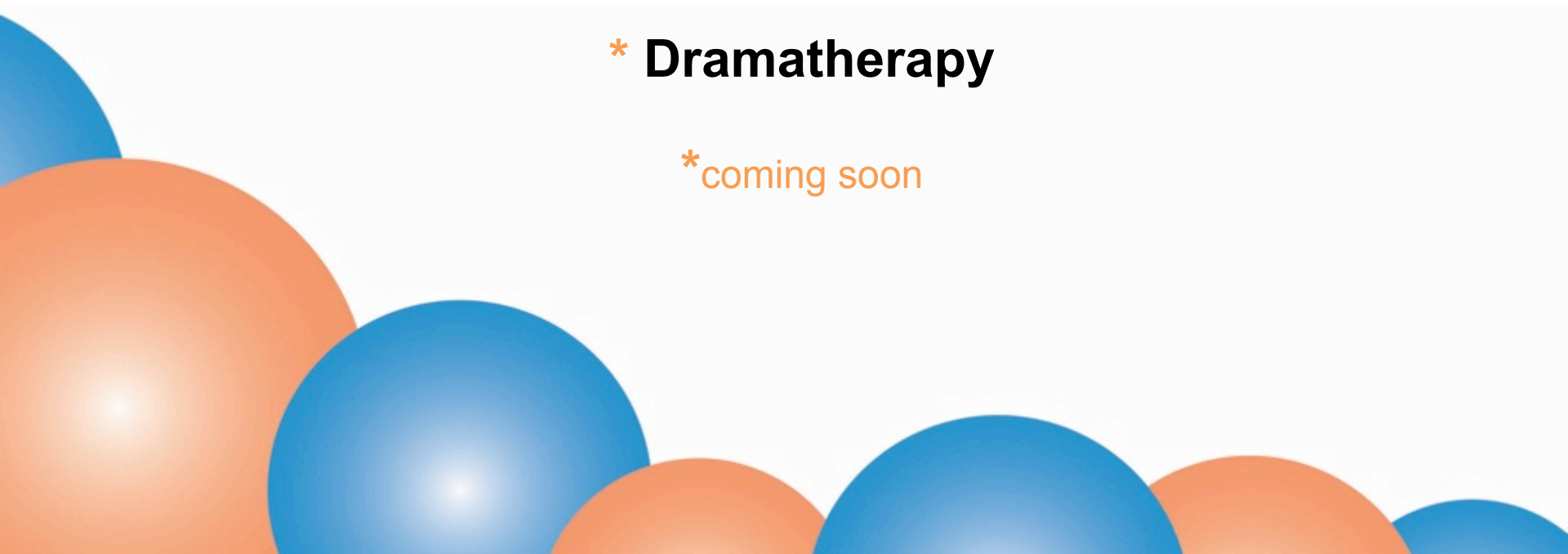
Speech and Language Therapy courses

Music Therapy

*** Dance Movement Therapy**

*** Dramatherapy**

***coming soon**



Courses delivered by Speech and Language Therapist and Communication Development Workers

- Person Centred Communication
- Intensive interaction
- Objects of reference
- Multi-sensory stories
- Communication dictionary introduction
- Communication passports introduction
- Visual timetables

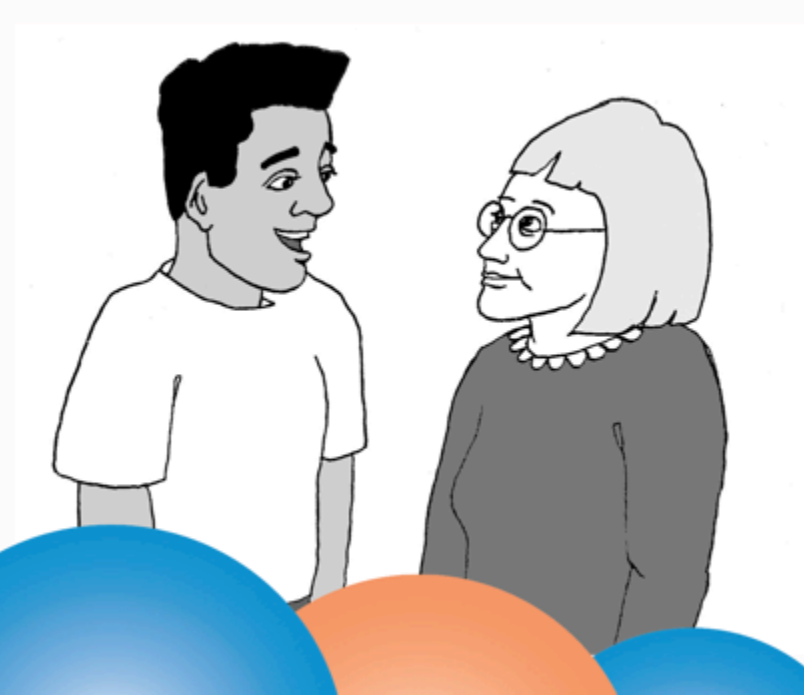
- Signing based on signalong
- Social stories
- Autism and communication
- Cultural awareness working with people from Asian heritage
- Communication facilitator role
- Accessible information
- Communication dictionary facilitator



Follow up support

At Total Communication Services CIC we firmly believe in quality provision. Through years of experience and practice, we have found that in order for implementation of new initiatives to be successful, follow up support is often necessary.

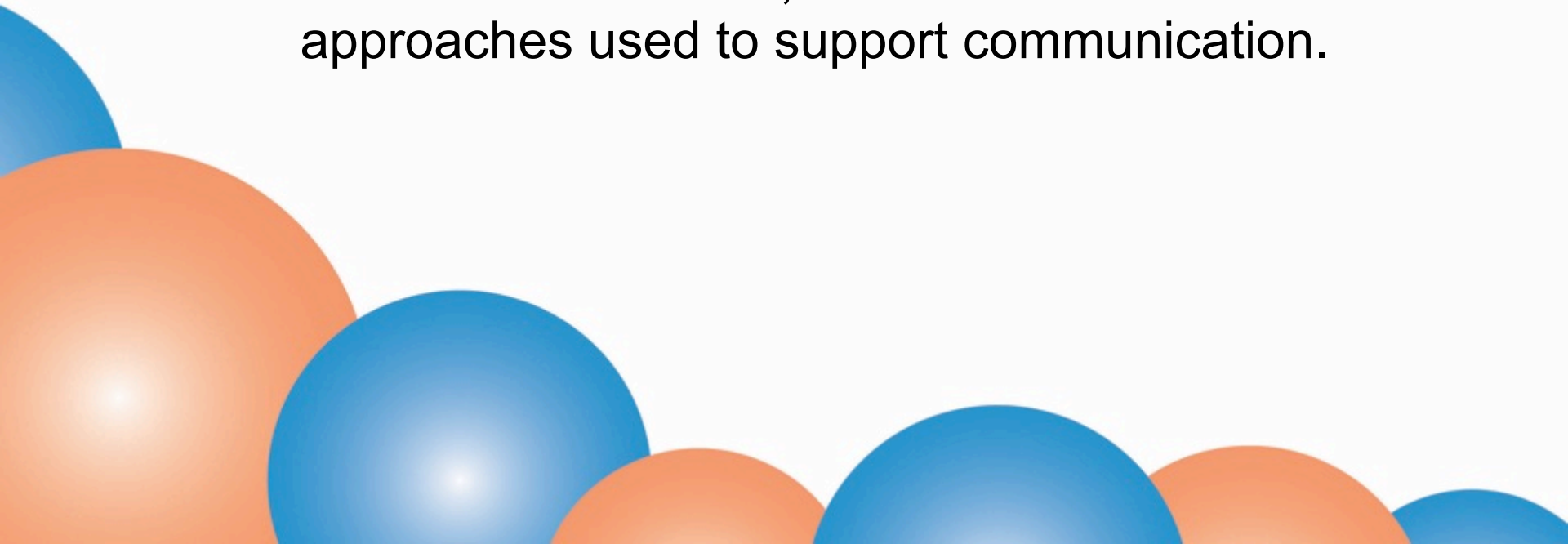
For this reason we strongly recommend that follow up is built into the package.



Person Centred Communication

This course is intended as an overview of communication with people with learning disabilities.

The course includes an introduction to communication skills, and tasters of the main approaches used to support communication.



Course details

The course content includes:

- Early communication
- Understanding of spoken language
- Symbolic development
- Communication dictionaries introduction
- Communication Passports introduction
- The use of visual support including photos, symbols and line drawings and talking mats
- Signalong taster session
- Objects of Reference
- Introduction to Intensive Interaction.
- Practical implementation of Total Communication
- Action planning to introduce changes into the workplace



Participants are required to use some of their own time to develop a resource to be used in an activity on day three.

Follow up

Follow up support is an integral part of this course, sessions can be negotiated starting with a minimum of four hours.

We advise support for staff to look at the implementation of approaches. This could be in the form of support to develop an in-house training programme, support to implement work with individuals or project support.

Intensive Interaction one day practitioner course

What is intensive interaction?

Intensive Interaction is an approach to working with adults who have severe learning disabilities and/or autism and who may be at an early stage of social, emotional, cognitive and communication development.



It is about tuning into the communication of the person with learning disabilities and picking up on their signals.

For example, it may be that the individual already makes meaningful communication signals but, because they are unique to that person, others have failed to notice or interpret them. Intensive interaction is about interacting and having a conversation by whatever means possible, it may be we takes turns with movements or vocalisations.



What are the benefits?

Intensive Interaction can help to promote an increased understanding of an individual's way of communicating, thereby encouraging positive and meaningful non-verbal conversations.



Intensive Interaction can open up a variety of communicative experiences to the individual and reduce challenging behaviour, including aggressive and passive behaviours.

It provides improvements in quality of life through enhanced relationships and often boosts staff morale as they are able to connect with difficult to reach people.



Course details

The course content includes:

One day course including handouts.

Follow up support and implementation are an integral part of this course.

The minimum support we suggest is three hours.
This will involve staff reflection and feedback.

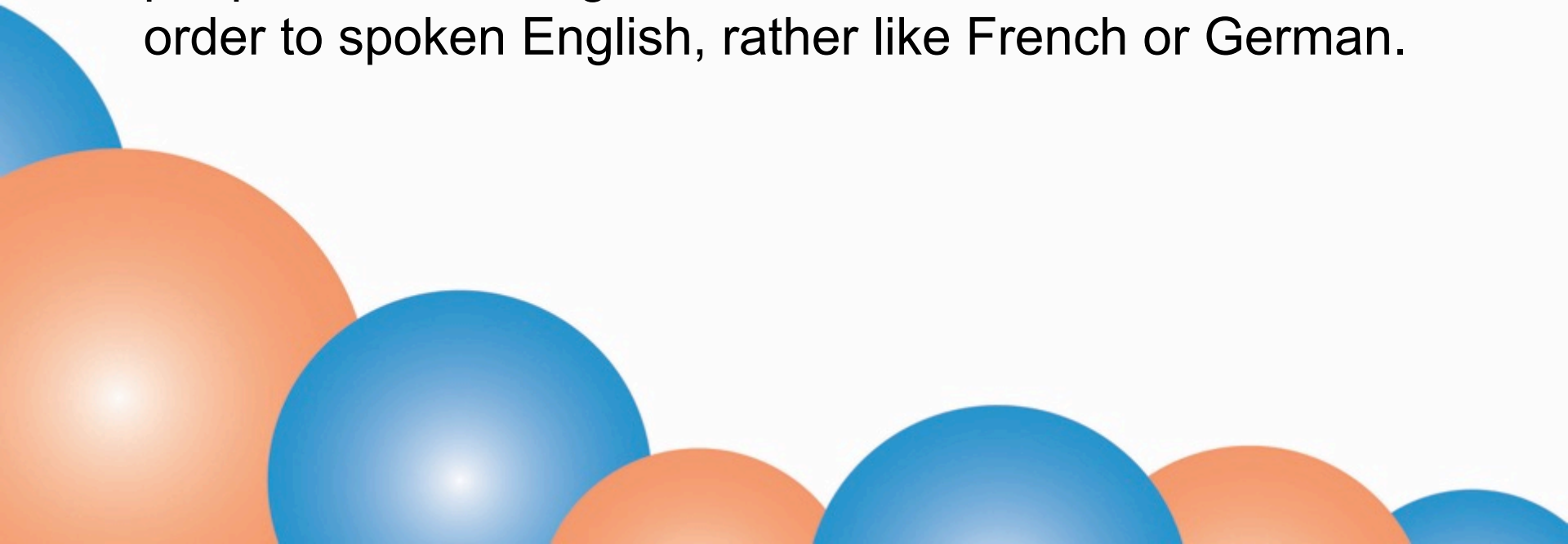


Signalong

What is Signalong?

There are two main sign support systems in the learning disability field. These are **Signalong** and **Makaton**.

British Sign Language (BSL) is the language of the deaf community and broadly speaking it is not suitable for people with learning disabilities as it has a different word order to spoken English, rather like French or German.



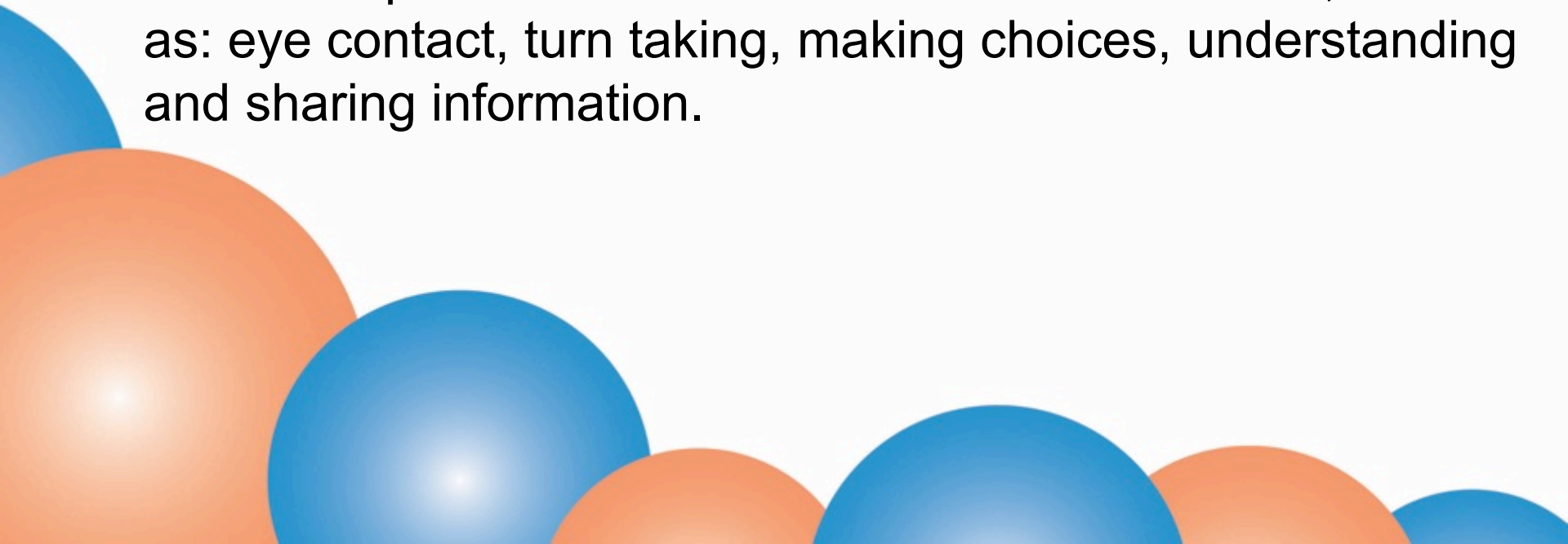
Makaton and **Signalong** are designed to be used by people with learning disabilities the sign support is on key words only and everyone is encouraged to speak as they sign.

Signalong is a sign supporting system designed to help people acquire language skills and reduce communication difficulties. The spoken word should accompany every sign and follow English word order. Signalong signs are adapted from British Sign Language.

Why should we use signing?

Signalong can aid peoples' understanding of speech and also language concepts e.g. 'behind', 'big', 'small', etc.

Signalong can also be used as a means for people to express themselves in combination with other methods of communication or just signing. Signalong can promote the development of other vital communication skills, such as: eye contact, turn taking, making choices, understanding and sharing information.



Introducing Signalong can reduce challenging behaviours. People who have difficulty understanding and speaking often become frustrated or withdrawn.

By using Signalong, we provide a means to communicate in a more acceptable way.

Research has shown that Signalong encourages speech and is easier to understand than the spoken word on it's own.



Course details

Details to follow. Currently this is a 2 day course.

Follow up support

Support is available for follow up and implementation.

We can support staff to develop a group for service users and to create and maximise opportunities for signing in your setting

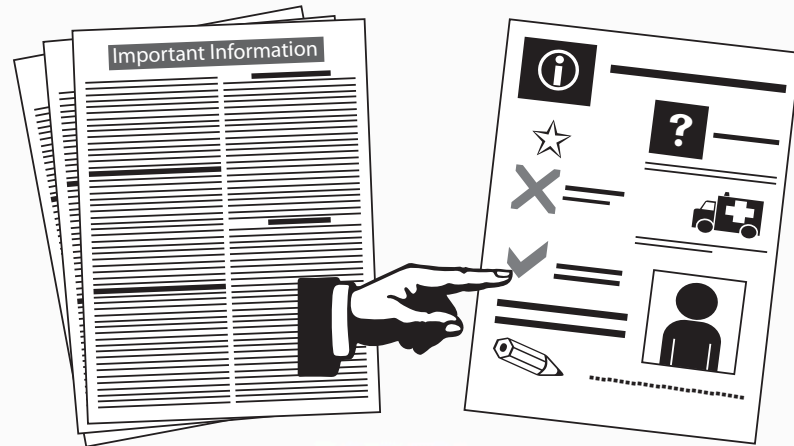


Accessible Information

What is it?

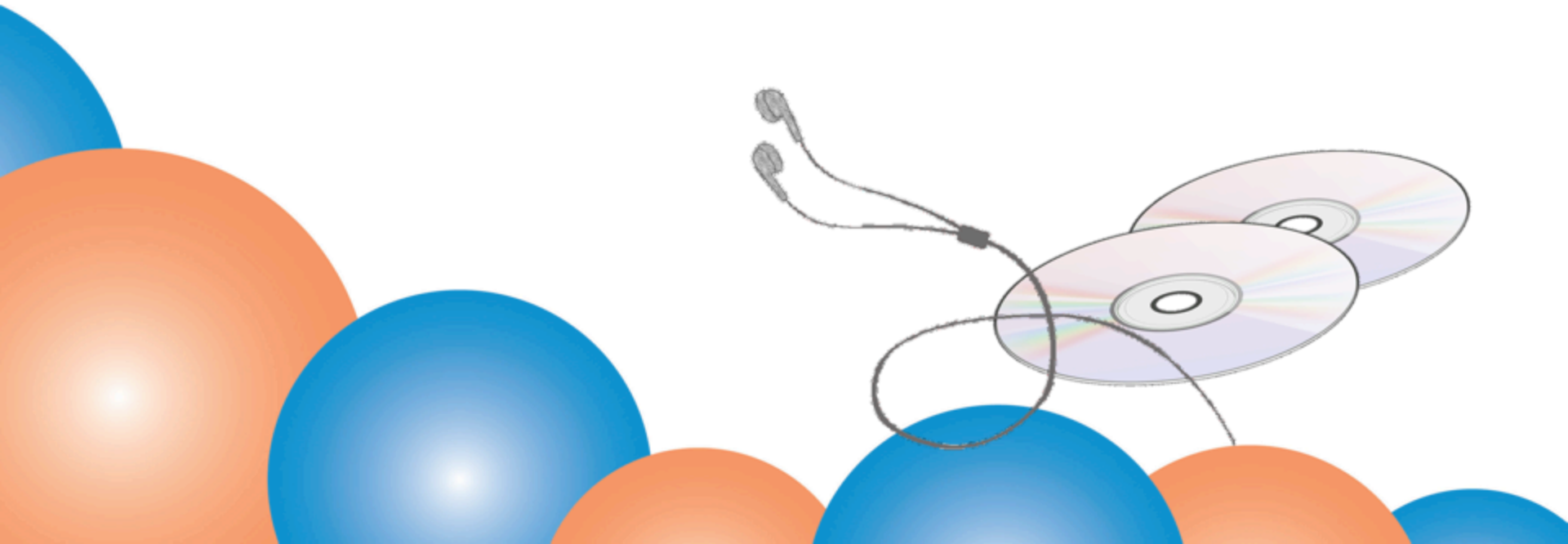
Accessible information is sometimes called easy read. Broadly speaking it includes adapted and simplified information.

For people with learning disabilities this often needs to include images which support meaning.



Accessible information can be provided in a range of media, such as leaflets, brochures, booklets, pamphlets or posters.

Information can also be produced via audio or DVD.



Why do we need to know about it?

In 2016 the NHS has launched a new
Accessible Information Standard.

This is known officially as **SCCI1605 Accessible Information**
– it's a new 'information Standard' for implementation
by all organisations which provide
NHS or adult social care.



Course Details

1 day course covering the reasons we need to make information accessible, good practice guidelines and checklists for ensuring your information meets current standards.

Follow up:

Follow up support is available including technical advice and advice about resources.

We also offer a service to create documents on your behalf.



Multisensory Stories

What are Multisensory stories?

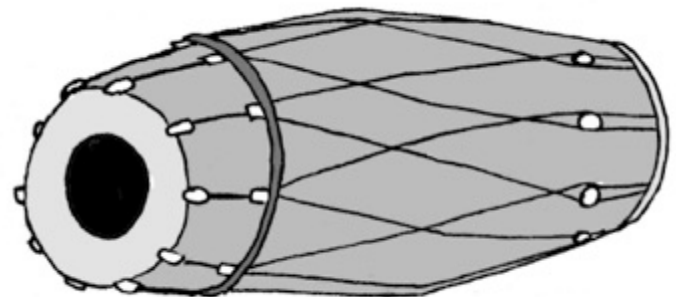
Multisensory stories are a relatively new and increasingly popular activity for children and adults with learning disabilities.

They combine the unique human experience of storytelling and the importance of sensory stimulation to offer a unique activity for people with complex needs.



The idea behind sensory stories is to offer storytelling in a way which means the listener does not have to understand the language of the story in order to understand the entire activity.

They are usually around ten pages long and along with each sentence, a sensory experience is offered to the listener to support the language of the story. This might be a musical instrument, a cuddly toy to feel or a button to press.



Why are they beneficial?

Sensory stories are a fantastic group activity as well as an engaging and enjoyable individual activity.

Not only are sensory stories fun but there is plenty of research which provides evidence for the benefits as well.



Some of the benefits of sensory stories include:

- Learning and literacy skills
- Physical responsiveness and motor skills
- Behavioural and communicative response:-
anticipation, recognition, attention to stimuli,
vocalisations
- Social interventions



Course details

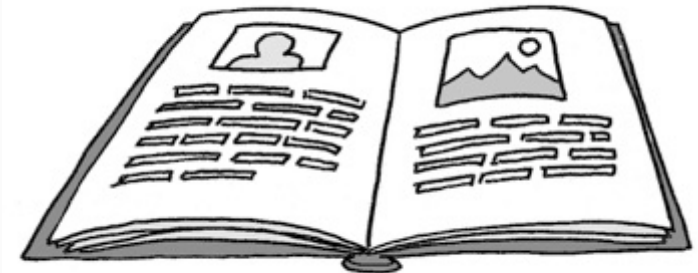
This 2 part course covers the theory behind multisensory stories with a practical session which may include people with learning disabilities.

Some focus is given to exploring different approaches to creating stories in your setting, for example, group versus individual stories and home made versus pre-designed stories.



The practical use of the stories is explored with opportunities for service users to join in the afternoon sessions with a reflective practice discussion after each story telling session.

The sessions can run consecutively or be split over 2 days. Hand outs will be provided.



Cultural awareness – Asian heritage

What is it?

This course is aimed at all staff who work with both service users from ethnic minorities and the general public.

The course focuses mainly on raising cultural awareness of families of Asian heritage. We will talk about population and language barriers to communication and how this may affect your work.

Cultural issues which may affect the way people engage with you or your service.

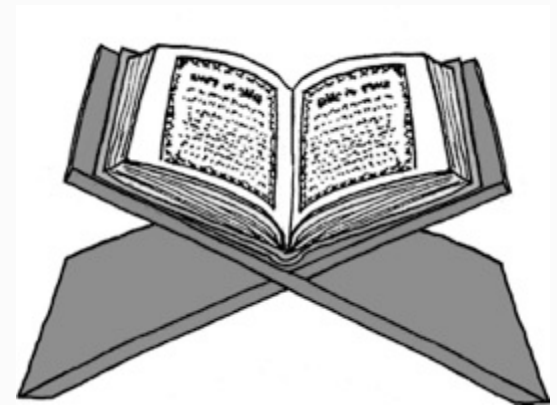
What are the benefits?

Helps us to understand the importance of being culturally sensitive to others.

Ensuring the needs of service users are met by staff who are inclusive and aware of cultural issues.

Opportunity to openly ask questions and discuss cultural issues.

Learning to listen, engage and understand the culture of a service user and or their families.



Course details

A half day course run by a Speech and Language Therapist.

We can run the course over a morning, afternoon or possibly evening to suit your needs.

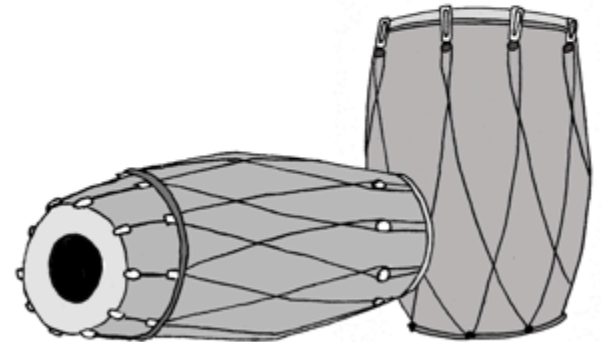


Group Music Making

What is it?

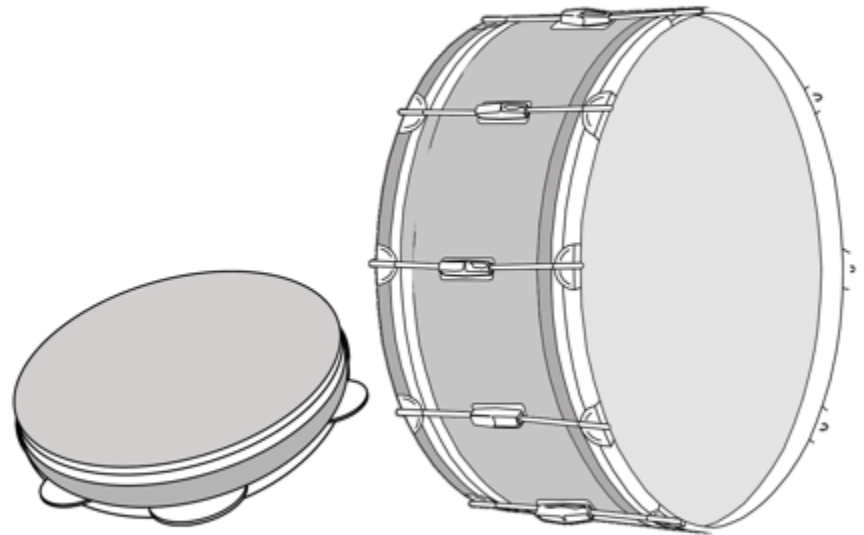
Group music making is aimed at family members or staff who support people with any degree of physical or intellectual disabilities.

This is a practical and hands on course which not only gives you ideas but also resources to enable you to implement what you learn back In your work environment.



The techniques can be used both in a group or with individuals on a one to one basis.

The course helps enable us to effectively engage with Service users in a creative way and see music as a form of communication and engagement.



What are the benefits?

Helps us to understand the importance of creative music playing.

Explore musical activities for use in a group or with individuals.

Learning to listen and engage with the service user on their level.

Not always being in control and allowing service users to be heard and take the lead.

Follow on support is available upon request and at an additional cost

Course details

A one day course run by a fully qualified Music Therapist and Speech and Language Therapist.

The cost includes song sheets and a CD with backing and performance tracks for use in your sessions.

The course runs at regular intervals through out the year. Learn some of theory behind different approaches to Music Therapy and techniques to use within your session.



Communication and parents with learning disabilities

Communication is often an area which is over-looked when working with parents with learning disabilities, yet many parents have some difficulties with literacy and with understanding which may present as non-compliance with parenting guidance.

The communication facilitator role enhances the communication between provider services and families and ensures reasonable adjustments are in evidence.

Course Details

This one day course is led by a Speech & Language Therapist and focuses on the often hidden communication needs of parents with learning disabilities.

Course content includes exploration of learning disability and the impact on parenting, the communication facilitator role, advocacy and parents with learning disabilities.

Practical adaptations to meetings and parenting advice are outlined.



Talking Mats Foundation Training

Talking Mats® is a low tech communication framework to help people express views and feelings.

The talking mat is an interactive resource that uses 3 sets of picture symbols (a visual scale, a topic symbol and symbols for options) and a mat on which to place them.



The person's thoughts are displayed visually, making the results easy to record and use to support decisions and on-going discussions.

The Talking Mat® is designed to help people with communication difficulties to think about issues discussed with them, and provide them with a way to express their opinions, whilst reducing memory demands.



Course format:

The course involves two mornings with a month's interval in between.

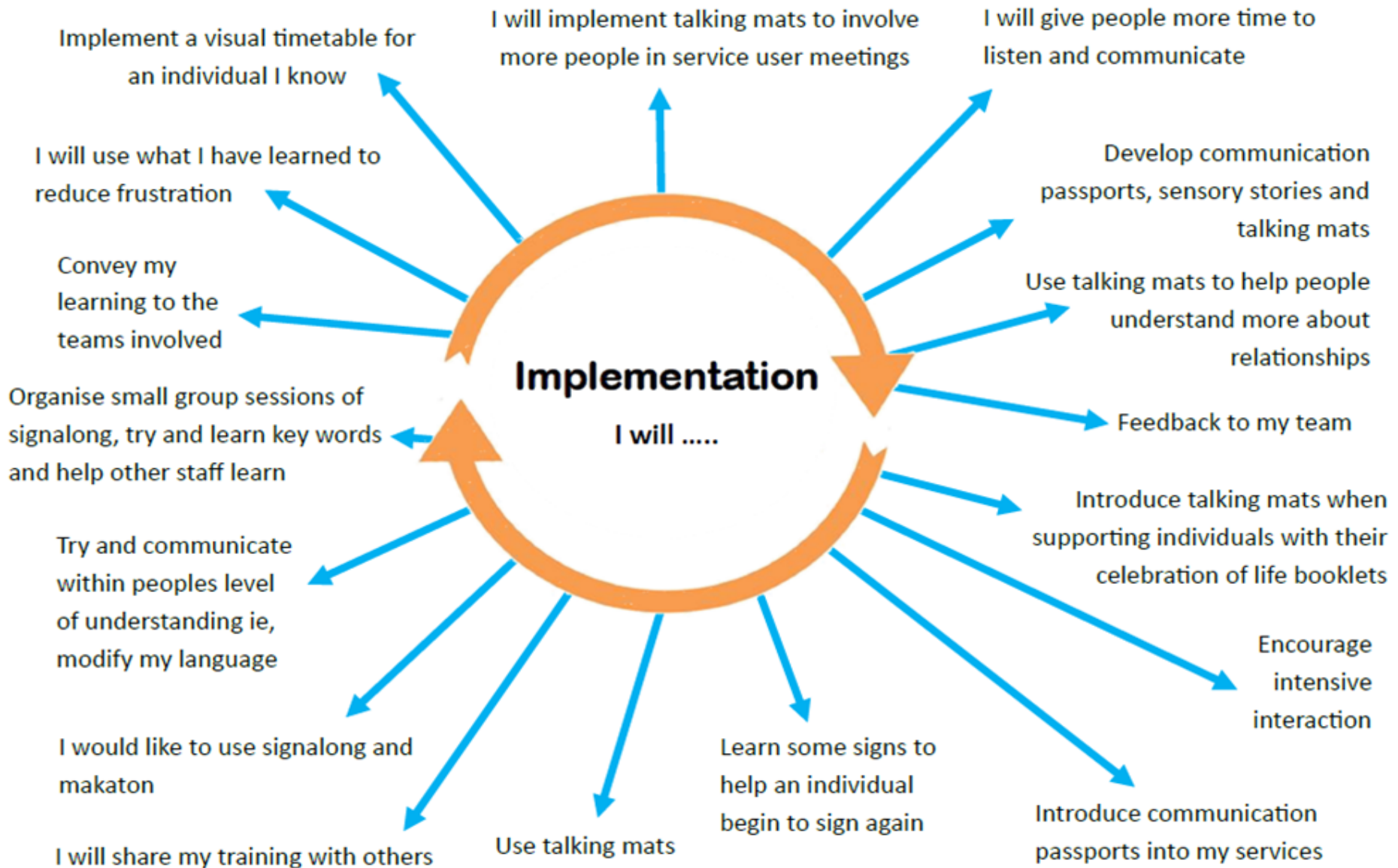
The first session will provide background, support and materials to enable each participant to create a Talking Mat.

The participants will be expected to make a film of themselves using a Talking Mat before the second session.

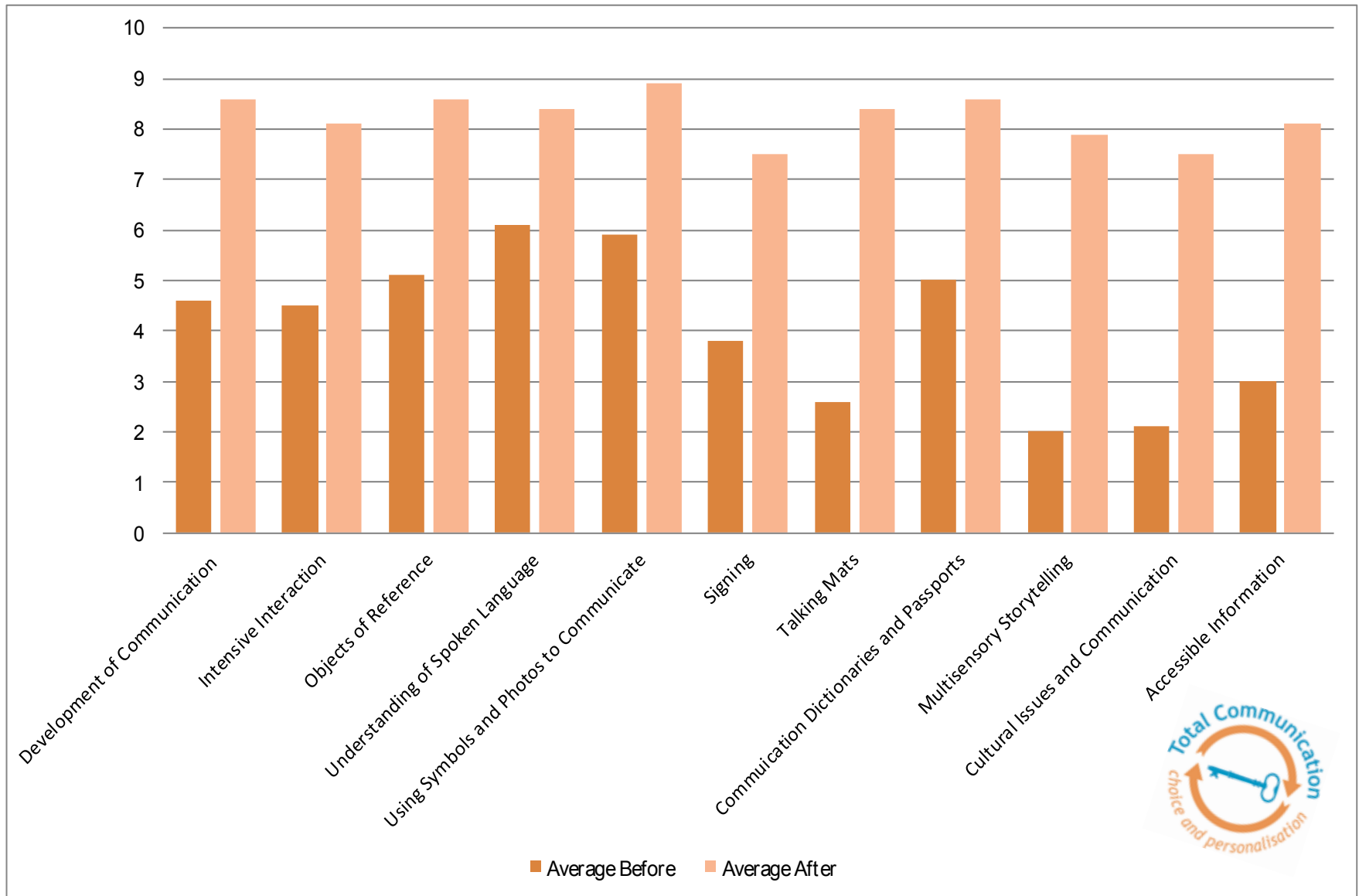
The second session will use the films as a focus for discussion, reflection and consideration of future implications in their work environment.



Staff pledges - illustrating the approaches they want to implement following person centred communication training



Self evaluation of knowledge pre and post person centred communication training course



Feedback from training

Summary of Training Feedback from the 3 Day Person Centred Communication Course

Facilitated by



For



On the 4th, 11th & 18th of October 2016

It has really made me think how I can improve and develop effective communication

The course has given me a great insight into different ways of communicating and different types of communication

Training was excellent

This has really helped to build on my ideas and feedback to the team

I have already begun to use my training in the services I manage and feel it is going to help

I feel I can be creative and develop communication using methods that were taught on the course

I will now try to implement key skills learned with a number of individuals

The trainers were very informative and passionate about the various communication

The presentation was really interesting and educational

Made me more aware of the way I communicate

The training was good and it will help me to use it for my work

Feedback from the ... **Person Centred**



Communication Workshop

Very interesting and time flew by

The presentation was very clear with plenty of opportunities to ask to clarify

Makes you think of your own approach

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